

# CURRICULUM VITA

#### JOSEPH BRYAN CONRAD

#### **EDUCATION**

Ph.D. Urban Education: Counseling Psychology, 2015

(APA Accredited)

Cleveland State University, Cleveland, OH

Dissertation Topic: The relationship between parental warmth, the effects of

childhood witnessed violence and pre-adolescent delinquency

Master of Science, Summer, 2006 Valdosta State University, Valdosta, GA

Field: Clinical/Counseling Psychology

Bachelor of Arts, May, 2002 Transylvania University, Lexington, KY

#### **INTERNSHIP**

Fall 2013 to Summer 2014

Athens, OH

Counseling and Psychological Services (CPS) Ohio University Doctoral Psychology Internship in Athens, OH

The philosophy of CPS's psychology internship program is based on a Developmental Mentorship training model. The program is designed to facilitate intern readiness to function as autonomous, entry-level practitioners with an intermediate to advanced level of competency in all professional areas.

- Provide clinical contact hours such as face to face individual, couple, group therapy and provision of supervision of a Doctoral level student. Group therapy includes two process experiential groups, one Finding Balance (DBT) group, and one Anxiety Management group.
- Participate in Group Therapy Apprenticeship.
- Provide and plan university-based outreach presentations or programs.
- Participate in regularly scheduled training seminars.

- Participate in clinical case staffings, outside trainings, and in-service trainings.
- Handle therapeutic and crisis emergencies through on-call phone coverage.
- Hours anticipated: 2000
- Supervisors: Dr. Fred Weiner and Dr. Rebecca Conrad Davenport

#### LICENSES/CERTIFICATIONS

- License as a Psychological Associate (Kentucky) (2013)
- License as a Professional Counselor Associate (Kentucky) (2006-2007)
- Temporary Licensed Psychologist (current)
- License as a Psychologist in Florida (current)

#### **HONORS**

- Inducted into Psi Chi in Fall 2005
- Inducted into Kappa Delta Pi, International Honor Society in Education on October 11, 2005

#### PRACTICUM EXPERIENCE

Fall 2010 to Spring 2011 Cleveland State University Cleveland, OH Doctoral Practicum Northcoast Behavioral Healthcare in Northfield, OH

- Administered psychological testing on an acute care unit and other forensic units in the hospital (primarily the MMPI-2 and WAIS-IV)
- Supervisor: Dr. Zev Goldberg
- Course Instructor: Dr. Donna Schultheiss

Fall 2009 to Spring 2010 Cleveland State University Cleveland, OH Doctoral Practicum Center for Effective Living in Rocky River, OH

- Conducted individual counseling sessions and did assessments for Social Security Disability cases (included IQ testing). Assisted in the evaluation of a prisoner for Death Row. Conducted family therapy.
- Supervisor: Dr. Deborah Koricke
- Course Instructors: Dr. Sarah Toman and Dr. Elizabeth Welfel

Fall 2007 Gannon University Erie, PA

Doctoral Practicum Gannon University Psychological Services Clinic in Erie, PA

- Conducted therapy with a caseload of 2 clients per week. Based on a live supervision model, in which supervisor and colleague viewed sessions behind a one-way mirror.
- 168 total hours
- Supervisor: Dr. Robert Nelsen

Fall 2005 – Summer 2006 Valdosta State University Valdosta, GA Master's Counseling Practicum Valdosta State University Counseling Center

- Conducted individual counseling sessions with college students with a broad range of presenting problems. Observed individual counseling sessions and attended seminars conducted by other counselors in the counseling center.
- 200 total hours
- Supervisor: Dr. John Grotgen

#### **GRADUATE ASSISTANTSHIPS**

Fall 2008 to Spring 2011 Cleveland State University Cleveland, OH *Graduate Assistant* 

- Helped teach a master's course in Social and Cultural Foundations in Fall 2008. This included leading class discussions and developing class activities. Was involved in research projects regarding women, career, and immigration. Developed online surveys in the work towards the goal of program accreditation.
- Supervisors: Dr. Ann Bauer and Dr. Donna Schultheiss

Fall 2007 Gannon University Erie, PA

Graduate Assistant

- Helped teach an undergraduate course in Abnormal Psychology in Fall 2007. This included giving lectures, and developing and grading exams.
- Supervisor: Dr. Linda Fleming

Fall 2004 – Summer 2006 Valdosta State University Valdosta, GA Graduate Assistant

- Collected data on all accredited MPA programs in the United States for professors in the Master's in Public Administration program. Helped with other clerical work.
- Supervisor: Dr. Nolan Argyle

#### RELEVANT ASSESSMENT EXPERIENCE

Achenbach Child Behavior Checklist (CBCL)

Bayley Scales of Infant and Toddler Development - Third Edition (Bayley - III)

Beery VMI Developmental Test of Visual Perception

Comprehensive Test of Phonological Processing (CTOPP), 2<sup>nd</sup> Edition

Conners Continuous Processing Test 3<sup>rd</sup> Ed

Gray Oral Reading Tests – 5<sup>th</sup> Edition

Historical, Clinical, Risk Management-20 (HCR-20)

Initial Psychological Assessment Screen (IPAS)

Kaufman Adolescent & Adult Intelligence Test (KAIT)

MASC 2<sup>nd</sup> Ed

Millon Clinical Multiaxial Inventory – III (MCMI-III)

Minnesota Multiphasic Personality Inventory – 2<sup>nd</sup> Edition (MMPI-2)

Naglieri Nonverbal Test (NNAT)

Personality Assessment Inventory (PAI)

Stanford-Binet-V

Trails A&B

Vineland Adaptive Behavior Scales – Second Edition (Vineland – II)

Wechsler Adult Intelligence Scale – Third Edition (WAIS-III)

Wechsler Adult Intelligence Scale – Fourth Edition (WAIS-IV)

Wechsler Individual Achievement Test – Third Edition (WIAT – III)

Wechsler Intelligence Scale for Children – Fourth Edition (WISC-IV)

Wechsler Memory Scale - IV

Wechsler Preschool and Primary Scale of Intelligence – Fourth Edition (WPPSI – IV)

Wide Range Achievement Test – Fourth Edition (WRAT – 4)

Woodcock-Johnson Tests of Achievement, 3<sup>rd</sup> Edition (WJ-III)

### RELATED PROFESSIONAL EXPERIENCE

8/17 to present Visiting Mental Health/Mental Health Center of Florida

1848 SE 1<sup>st</sup> Ave

184 Treemonte Dr.

Ft. Lauderdale, FL 33316

Orange City, FL 3276

Senior Staff Psychologist and Supervisor

Senior Staff Psychologist and Supervisor with Visiting Mental Health (VMH), a private psychotherapy practice based in south Florida, serving the needs of chronically ill and geriatric populations in skilled nursing and assisted living facilities, rehabilitation centers, and independent living facilities in the south and central Florida areas. My duties include:

- Oversight of the Tampa area team of psychologists, trainees, and other mental health professionals and developing caseloads
- Supervising pre-doctoral psychology interns and post-doctoral psychology residents
- Providing individual psychotherapy for eligible patients with multiple diagnoses and family therapy as appropriate
- Leading groups therapies including clinical process and DBT groups using cognitive-behavioral, psychodynamic and psycho-educational approaches

senior staff psychologist and supervisor. The responsibilities would be the oversight of Tampa team; developing caseloads; on-boarding your team members; developing local contracts; and of course maintaining your own clinical Hours.

March 2016 – present

Skaggs Consulting, PLLC

Lexington, KY

Disability Consultant

- Conduct assessments for claimants applying for social security disability. Included in the assessments are mental status exams, intelligence, personality, and achievement tests.

April 2016 – present

Bluegrass Family Consultants, LLC Lexington, KY

### Post-doctoral therapist

- Perform counseling sessions with assigned clients/families with clinical issues including but not limited to depression, anxiety, relationship conflicts, and trauma.

Spring 2016 Jessamine County Schools Nicholasville, KY

Testing Evaluator

- Conducting achievement testing with elementary school children in the Jessamine County school system using the WIAT-III

August 2015 – September 2015 Bay Area Neuropsychology Tampa, FL Post-doctoral therapist

- Perform counseling sessions with assigned clients/families. Administered psychological tests to clients including neuropsychological batteries including but not limited to intelligence, achievement, memory, and ADHD assessment.

September 2014 – May 2015 Jewish Family & Children's Service Sarasota, FL of the Suncoast, Inc.

Children's Crisis Team Specialist

- Perform counseling sessions with assigned clients/families. Arrange for referrals and coordination with community resources. Respond to crises via on-call phone coverage an average of one week per month. Organize, develop and implement assessment tools.

February 2013 – July 2013 Skaggs Consulting, PLLC Lexington, KY Independent Contractor

- Conducted assessments for claimants applying for social security disability. Included in the assessments were mental status exams, intelligence, personality, and achievement tests.

October 2011 – March 2012 The Ridge Behavioral Health System Lexington, KY Lead Mental Health Technician

- Organized and implemented psycho-educational groups for a children's unit. Ran behavior modification program. Assigned unit duties to other mental health technicians.

January 2007 – June 2007 Comprehensive Care Lexington, KY Substance Abuse Counselor for Teen Primary Outpatient Program

- Conducted individual and group counseling sessions for teenagers who have substance abuse issues.
- Supervisor: Elizabeth Hellebusch, LCSW
- Clinical Supervisor: Al Speler, LCSW

2003-2004 United Methodist Home Versailles, KY Youth Counselor

- Line staff at a cottage for juvenile sex offenders in a residential treatment facility. Sex offenders struggled with issues such as depression, anxiety, and behavior problems. Prepared meals, supervised group therapy sessions, dispensed medications, implemented behavior modification programs.
- Supervisor: Kathy Cowing

## 2001 – 2002 Eastern State Hospital

Lexington, KY

Mental Health Associate

- Duties: Assisted the nurses in taking care of the patients. Distributed food and medication. Assisted with treatment planning. Gained understanding of the problems faced by people with Axis I and Axis II pathology.

#### NATIONAL PROFESSIONAL PRESENTATIONS

- Khamush, B. K., Conrad, J. B., Wallace, E., Bransteter, I., Perera-Diltz, D., Perry, J., Graham, S., Schultheiss, D. (2010, June). *Work-family interface of Turkish immigrants*. Roundtable conducted at the NCDA-IAEVG SVP International Symposium, Bridging International Perspectives of Career Development. San Francisco, CA.
- Kacar-Khamush, B., Conrad, J. B., Wallace, E., & Bransteter, I. (April 2010). *Work-Family Interface of Turkish Immigrants*. Poster presented at the Great Lakes conference at the University of Akron, Akron, OH.
- Kacar-Khamush, B., Conrad, J. B., Wallace, E., & Bransteter, I. (December 2009). *Work-Family Interface of Turkish Immigrants*. Poster presented at the Cleveland Psychological Association annual meeting, Cleveland, OH.
- Conrad, B. (May 2006). Publication Trends of The Journal of Applied Behavior Analysis, 1993-2004: Extending Northup, Vollmer, and Serrett's (1993) Study. Poster presented at the Association for Behavior Analysis Convention, Atlanta, GA.

### INTERNATIONAL PRESENTATIONS

- Schultheiss, D., Khamush, B. K., Conrad, J. B., Wallace, E., Bransteter, I., Michalos, S., Quinn, K., Martincin, K., Perera-Diltz, D., Stead, G. B. (2011, September). Work and family integration: Turkish immigrants in the United States. In D. Schultheiss (Chair). *The work and family interface within sociocultural and economic contexts.* Plenary Session conducted at the International Conference: Vocational Designing and Career Counseling: Challenges and New Horizons, Padova, Italy.
- Khamush, B. K., Conrad, J. B., Wallace, E., Bransteter, I., Michalos, S., Quinn, K., Martincin, K., Perera-Diltz, D., Stead, G. B., & Schultheiss, D. (2011, July). *Work and Family Integration: Turkish Immigrants in the United States*. Paper presented at The European Congress of Psychology, Istanbul, Turkey.

#### OTHER PRESENTATIONS GIVEN

Conrad, J. B. (2014, May). *Incorporating ACT in Traditional CBT Anxiety Management Group*. Presentation given during internship as part of group therapy apprenticeship.

## **COMMUNITY SERVICE**

October 2011 – July 2012

Catholic Charities

Lexington, KY

Volunteer

- Assisted clients with their job pursuits which included services such as interviewing advice, facilitating mock interviews, and help with constructing organized resumes.

January 2011 – May 2011

2100 Men's Homeless Shelter

Cleveland, OH

Volunteer

 Led groups and met individually with homeless men to teach basic life skills necessary for living independently. Many of the men were mentally ill and/or had substance abuse issues. Some topics included positive coping strategies, self-esteem, and goal setting

#### **CONTINUING EDUCATION**

Issues of Identity and Well-Being for African American Women: Implications for Therapeutic Interventions. Presented by Suzette L. Speight, Ph.D. Cleveland State University. Cleveland, OH. April 2011

MMPI-2-RF Workshop (uses of the MMPI-2-RF in medical settings). Presented by Yossef S. Ben-Porath, Ph.D. Cleveland Clinic. Cleveland, OH. January 2011

Preventing Suicide among Georgia's MH & AD Consumers: FOUNDATIONS. Presented by Paul Quinnett, Ph.D. Tifton, GA. June 2006.

#### PROFESSIONAL ORGANIZATIONS

- American Psychological Association
- Florida Psychological Association