

Curriculum Vitae

Name: Karin P. Sieger
Email: drkarin@mhcflorida.com

Education

Ph.D., Clinical Psychology, July 2004
University of Central Florida, Orlando, Florida
Attended APA accredited internship
Overall GPA: 3.99

M.S., Clinical Psychology, May 1998
University of Central Florida, Orlando, Florida
Overall GPA: 4.0

B.A., Psychology (major), Statistics (minor), May 1995
Boston University, Boston, Massachusetts
Overall GPA: 3.23

Licensure

Florida Psychologist, Lic. No. PY9311, issued July 1, 2015
Pennsylvania Psychologist, Lic. No. PS016221, April 2007 until present

Honors and Awards

Psi Chi, National Honor Society in Psychology, Boston University: 1994, 1995
Cum Laude, Boston University: May 1995
Undergraduate Dean's List, Boston University: Fall 1994, Spring 1995

Clinical Experience

Visiting Mental Health/Mental Health Center of Florida, Ft. Lauderdale, Florida
Internship Supervisor and Licensed Staff Psychologist July 2015- Present
Duties: Conduct psychological and biopsychosocial evaluations, provide individual therapy,
and supervise pre-doctoral interns.

Northern Children's Services, Philadelphia, Pennsylvania
Clinical Manager June 4, 2012 – May 28, 2015
Duties: Performed biopsychosocial evaluations with children and adolescents to determine appropriate mental health treatment. Tested clients on a variety of psychological measures. Supervised the clinical and operational processes of the

treatment team providing school and home-based services to children and families. Directed the treatment team in providing the most appropriate clinical interventions. Identified measurable and observable treatment goals for children and families. Served as a liaison between family, school systems, case managers, and other health or mental health providers. Reviewed progress notes and documented their quality. Facilitated discharge planning. Collaborated with mental health professionals in a multi-disciplinary environment. Communicated with insurance providers and complied with requests for specific clinical information. Attended provider meetings. Provided consultation and supervision to clinicians utilizing Trauma Focused Cognitive Behavioral Therapy (TF-CBT) with children and adolescents. Supervisor: Varsha Reddy, Psy.D.

NHS Human Services, Philadelphia, Pennsylvania

Program Psychologist January 3, 2011– May 25, 2012

Duties: Conducted biopsychosocial evaluations with children and adolescents to determine appropriate mental health treatment. Supervised fee-for-service Psychologists and Behavioral Health Rehabilitative Services staff working in Philadelphia and county offices. Provided staff trainings (Incident Management, Child Abuse Laws and Reporting, Trauma, etc.). Held critical case review team meetings. Consulted in workgroups, grand rounds, and administrative meetings. Communicated with insurance providers and complied with requests for specific clinical information. Ensured program compliance with internal and external requirements. Supervisor: Rhea Fernandes, M.S.

PA MENTOR, Philadelphia, Pennsylvania

Psychologist March 30, 2009 – October 22, 2010, 40 hours weekly

Duties: Performed biopsychosocial evaluations with children and adolescents to determine appropriate mental health treatment. Wrote and reviewed treatment plans, identifying measurable and observable treatment goals for children and families. Supervised Master's level behavioral health and school-based staff. Liaisoned with families, schools, and community programs. Communicated with insurance providers and complied with requests for specific clinical information. Created and presented ethics/child abuse reporting trainings to clinical staff. Created and led a trauma-based team (utilizing Trauma Focused Cognitive Behavioral Therapy [TF-CBT]) providing services to children and adolescents with a history of abuse/neglect. Supervisor: Lori Lancer, M.S.

Northern Home Children and Family Services, Philadelphia, Pennsylvania

Clinical Manager May 14, 2007 – March 20, 2009, 40 hours weekly

Duties: Performed biopsychosocial evaluations with children and adolescents to determine appropriate mental health treatment. Supervised the clinical and operational processes of the treatment team. Directed the treatment team in providing the most appropriate clinical interventions. Identified measurable and observable treatment goals for children and families. Liaisoned with families, schools, other mental health providers, and community programs. Reviewed progress notes and documented their quality.

Facilitated discharge planning. Collaborated with mental health professionals in a multi-disciplinary environment. Communicated with insurance providers and complied with requests for specific clinical information. Attended provider meetings at insurance organization. Created and led a trauma-based team (utilizing Trauma Focused Cognitive Behavioral Therapy [TF-CBT]) providing services to children and adolescents with a history of abuse/neglect. Supervisor: Craig Wagner, M.S.E.

**New Jersey Child Abuse, Research, and Education Services (CARES) Institute
University of Medicine and Dentistry of New Jersey, School of Osteopathic
Medicine, Stratford, New Jersey**

Mental Health Clinician II

September 2005 - February 2007, 40 hours

weekly

Duties: Provided evidence-based individual and group therapy to maltreated children and adolescents (sexual and physical abuse, neglect, exposure to domestic violence) and their caregivers. Performed mental health screenings/developmental assessments through foster care program. Conducted forensic evaluations with children and adolescents. Provided outreach services. Provided Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) trainings locally and nationally. Supervisors: Esther Deblinger, Ph.D., Amy Hoch, Psy.D.

**New Jersey Child Abuse, Research, and Education Services (CARES) Institute
University of Medicine and Dentistry of New Jersey, School of Osteopathic Medicine
Stratford, New Jersey**

Post Doctoral Appointee

September 2004 - September 2005, 40 hours

weekly

Duties: Provided evidence-based individual and group therapy to maltreated children and adolescents and their caregivers. Performed mental health screenings/developmental assessments through foster care program. Conducted forensic evaluations with children and adolescents. Provided outreach services. Supervisors: Esther Deblinger, Ph.D., Amy Hoch, Psy.D.

River Oak Center for Children, Sacramento, California

Predoxal Intern

June 2003 - July 2004, 40 hours

weekly

Duties: Provided individual, family, and group therapy and performed psychological and psychoeducational assessments to underserved, at-risk child population 3 to 18 years of age. Conducted developmental assessments through Building Blocks early intervention program (0- to 5-years of age). Supervised Master's level practicum students on therapy and assessments. Provided staff didactic trainings. Consulted with other professionals, including social workers, counselors, and psychiatrists. Training Director and Supervisor: Kathryn Ecklund, Ph.D.

**Community Counseling Clinic, The Young Child and Family Research Lab,
University of Central Florida**

Clinical Psychology Predoctoral Intern

August 1999 - June 2003, 10 hours

weekly

Duties: Performed psychoeducational assessments to child population 6-years of age and younger with developmental delays, attentional, mood, and anxiety difficulties. Emphasis on report writing. Provided family therapy and individual therapy to children and adults. Provided parent training. Consulted with teachers. Served as a supervisor to second-year clinical psychology doctoral students. Supervisor: Kimberly Renk, Ph.D.

Neurology Associates, Maitland, Florida

Clinical Psychology Predoctoral Intern

August 2002 - May 2003, 15 hours

weekly

Duties: Administration and scoring of neuropsychological and personality assessment materials with adults and children. Primary populations served included individuals with dementia, psychiatric illness, and traumatic brain injury. Supervisor: Dano Leli, Ph.D.

La Amistad Behavioral Health Services, Winter Park, Florida

Clinical Psychology Predoctoral Intern

August 2001 - May 2002, 20 hours

weekly

Duties: Performed psychological evaluations to adolescent inpatient population between 12- and 18-years of age with wide range of Axis I and Axis II diagnoses. Provided individual therapy to adolescents. Co-facilitated boys and girls therapy groups, focusing on coping skills, self-esteem, and social skills training. Participated in weekly multidisciplinary treatment team meetings. Supervisor: Zeena Marshall, M.D., Brian Sellers, L.C.S.W.

UCF Counseling and Testing Center, University of Central Florida

Clinical Psychology Predoctoral Intern

August 2000 - April 2001, 15 hours

weekly

Duties: Performed individual and career counseling with college student population. Administered and interpreted achievement and career interest inventories. Co-facilitated general therapy group. Participated in outreach program. Supervisors: Rich McLaughlin, Ph.D., Laurie Kemper, Psy.D.

Seminole Community Mental Health Center, Inc., Fern Park, Florida

Clinical Psychology Predoctoral Intern

August 2000 - August 2001, 8 hours

weekly

Duties: Performed diagnostic intake assessments with adults and children, primarily of low SES. Clients presented with a variety of diagnostic categories, including psychotic, mood, anxiety, and adjustment disorders. Provided referrals to clients to medication clinic, hospitalization, outpatient services, and drug/alcohol detox services. Performed crisis counseling with adults. Supervisor: Sean Turner, Ph.D.

Seminole Community Mental Health Center, Inc., Fern Park, Florida

Clinical Psychology Master's Intern

August 1997 - April 1998, 15 hours

weekly

Duties: Performed diagnostic intake assessments with children, adolescents, and adults. Provided counseling to adults using cognitive, behavioral, and interpersonal interventions. Supervisor: Scott West, M.S., L.M.H.C.

Professional Teaching Experience

Valencia Community College, Department of Social Sciences, Orlando, Florida

Full-Time Instructor

August 1998 - June

1999

Duties: Planned, developed, organized, and taught General Psychology and Developmental Psychology courses to community college students. Served as an advisor to students anticipating a career in psychology.

Research Experience

Family P.A.I.R.S (Perception and Interaction Research Studies) Research Lab, University of Central Florida, directed by Kimberly Renk, Ph.D. Lab research interests included clinical child psychology, concordance in parent-child ratings, parent-child interactions, and infant mental health. (Member from 2000-2004).

Doctoral Dissertation: *Adolescent pregnancy and parenting: A study of psychological symptoms, child characteristics, and family support*. University of Central Florida, supervised by Kimberly Renk, PhD. (Defended June 2004).

Qualifying Paper: *Informed consent in mental health practice: A literature review*. University of Central Florida, supervised by Jack McGuire, Ph.D. (Defended April 2001).

Master's Thesis: *The effects of sexual orientation and coping strategies on attitudes towards persons with AIDS*. University of Central Florida, supervised by Jack McGuire, Ph.D. (Defended March 1998).

Directed Study, Boston University. Duties: proposed and conducted a project on young adulthood and the college experience, supervised by Freda Rebelsky, Ph.D. (Fall 1994).

Publications

Neubauer, F., Deblinger, E., & Sieger, K. (2015). *Trauma-Focused Cognitive-Behavioral Therapy for child sexual abuse and exposure to domestic violence*. Play Therapy with Children in Crisis (4th Edition): Individual, Group, and Family Treatment. New York, NY: Guilford Press.

Neubauer, F., Deblinger, E., & Sieger, K. (2007). *Trauma-Focused Cognitive Behavioral*

Therapy for child sexual abuse and exposure to violence: The case of Mary, age 6. Play Therapy with Children in Crisis (3rd Edition): Individual, Group, and Family Treatment. New York, NY: Guilford Press.

Renk, K., Roddenberry, A., Oliveros, A., & **Sieger, K.** (2007). *The relationship of maternal characteristics and perceptions of children to children's emotional and behavioral problems.* Child and Family Behavior Therapy, 29, 37-57.

Sieger, K., & Renk, K. (2007). *Pregnant and parenting adolescents: A study of ethnic identity, emotional and behavioral functioning, child characteristics, and social support.* Journal of Youth and Adolescence, 36, 567-581.

McKinney, C., **Sieger, K.**, Kanter Agliata, A., & Renk, K. (2006). *Children's exposure to domestic violence: Striving toward an ecological framework for interventions.* Journal of Emotional Abuse, 6, 1-23.

Renk, K., Roberts, R., Klein, J., Rojas-Vilches, A., & **Sieger, K.** (2005). *Retrospective reports of college students' childhood problems.* Journal of Clinical Psychology, 61, 235-250.

Renk, K., Oliveros, A., Roddenberry, A., Klein, J., **Sieger, K.**, & Phares, V. (2005). *The relationship between maternal and paternal psychological symptoms and ratings of adolescent functioning.* Journal of Adolescence. In press.

Sieger, K., Rojas-Vilches, A., McKinney, C., & Renk, K. (2004). *The effects of community violence on children: What can be done?* Trauma, Violence, & Abuse: A Review Journal, 5, 243-259.

Research Presentations

Sieger, K. & Renk, K. (November, 2004). *Adolescent, child, and family characteristics in pregnant and parenting adolescents.* Poster presented at the 38th annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, Louisiana.

Oliveros, A., Roddenberry, A., Meehan, C., **Sieger, K.**, Renk, K., & Sims, V. (November, 2003). *Intergenerational comparison of attributions of control.* Poster presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, Massachusetts.

Meehan, C., **Sieger, K.**, Oliveros, A., Roddenberry, A., Renk, K., & Sims, V. (November, 2003). *An intergenerational examination of perceptions of parents.* Poster presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy,

Boston, Massachusetts.

Renk, K., Oliveros, A., Roddenberry, A., & **Sieger, K.** (March, 2003). *The relationship of parent-child relationship characteristics and child competencies*. Poster presented at the 49th annual convention of the Southeastern Psychological Association, New Orleans, Louisiana.

Renk, K., Roddenberry, A., Oliveros, A., & **Sieger, K.** (November, 2002). *The relationship of parental characteristics and perceptions of children to children's behavior problems*. Poster presented at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, Nevada.

Renk, K., Oliveros, A., Roddenberry, A., Klein, J., **Sieger, K.**, Roberts, R., & Phares, V. (March, 2002). *The relationship of parental psychological symptoms and ratings of adolescent functioning*. Poster presented at the 48th annual convention of the Southeastern Psychological Association, Orlando, Florida.

Sieger, K., McGuire, J., & Abbott, D. (August, 2001). *Informed consent to psychotherapy: A survey of mental health professionals*. Poster presented at the 109th annual convention of the American Psychological Association, San Francisco, California.

Sieger, K., Gerber, T., & McGuire, J. (March, 2000). *Differences in attitudes towards persons with AIDS versus substance dependency*. Poster presented at the 46th annual convention of the Southeastern Psychological Association, New Orleans, Louisiana.

Sieger, K., Braun, C., McGuire, J., & Abbott, D. (March, 2000). *Mental health professionals' use of informed consent procedures*. Poster presented at the 46th annual convention of the Southeastern Psychological Association, New Orleans, Louisiana.

Sieger, K., McGuire, J., Abbott, D., & Fisher, R. (March, 1999). *Attitudes towards persons with AIDS: The influence of coping strategies*. Poster presented at the 45th annual convention of the Southeastern Psychological Association, Savannah, Georgia.

Sieger, K., Chan, P., Saxe, S., & Estrada, L. (April, 1997). *Gender differences in perceptions of emotional abuse*. Poster presented at the 43rd annual convention of the Southeastern Psychological Association, Atlanta, Georgia.

Professional Trainings and Presentations

Body Safety and Preventing Child Sexual Abuse. The Peter Muschal School, Bordentown, NJ, December 14, 2006, 1-hour presentation.

Trauma-Focused Cognitive Behavioral Therapy. EMQ Children and Family Services,

San Jose, California, December 4-8, 2006, 5-day presentation.

Trauma-Focused Cognitive Behavioral Therapy for Children and Parents. New Jersey Task Force on Child Abuse and Neglect, Atlantic City, NJ, October 6, 2006, 1.5-hour presentation.

Trauma-Focused Cognitive Behavioral Therapy for Children Who Have Experienced Sexual Abuse. Substance Abuse and Mental Health Services Administration (SAMHSA), Philadelphia, PA, August 28-29, 2-day presentation.

Trauma-Focused Cognitive Behavioral Therapy. Idaho System of Care Conference, Boise, Idaho, May 2, 2006, 1-day presentation.

Trauma-Focused Cognitive Behavioral Therapy for Children and Parents. APSAC-NJ Models to Improve Child Welfare: Prevention and Intervention, Montclair State University, NJ, June 9, 2006, 2-hour presentation.

Trauma-Focused Cognitive Behavioral Therapy for Children Who Have Experienced Sexual Abuse. Northwestern Human Services of Philadelphia Children's Reach Services, Philadelphia, PA, May 22, 2006, 2-hour presentation.

Trauma-Focused Cognitive Behavioral Therapy. EMQ Children and Family Services, San Jose, California, March 2-3, 2006, 2-day presentation.

Body Safety and Preventing Child Sexual Abuse. The Peter Muschal School, Bordentown, NJ, December 1, 2005, 1-hour presentation.

Graduate and Undergraduate Teaching Experience

Adjunct Professor, Psychology of Women, Fall 2001, University of Central Florida

Teaching Assistant, Abnormal Psychology, Fall 1996, Spring 1997; Developmental Psychology, Summer 1997; Advanced Abnormal and Clinical Psychopharmacology, Fall 1997; Developmental Psychopathology, Interviewing and Counseling, Spring 1998; Individual Psychoeducational Testing I, Fall 1999; Personality Theories, Individual Psychoeducational Testing II, Spring 2000; General Psychology, Summer 2002, University of Central Florida. Duties: Supervision of students, student instruction, development of exams, clerical work.

Teaching Assistant, Abnormal Psychology, Spring 1995, Boston University. Duties: Conduct review sessions, psychology lab assistant, clerical work.

Other Professional Activities

Ad Hoc Reviewer

Trauma, Violence, and Abuse: A Review Journal, 2006

References Available upon Request