

Maria Karilshadt-Byk, Psy.D.
Licensed Psychologist (License # PY 7791)
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Education:

- 09/07 **Psy.D., Clinical Psychology**
Nova Southeastern University, Fort Lauderdale, FL
APA Accredited Program
- 08/04 **M.S., Clinical Psychology**
Nova Southeastern University, Fort Lauderdale, FL
- 05/02 **B.S., With Honors**
University of Florida, Gainesville, FL
Major: Psychology

Clinical Work Experience:

- 11/14-Present **Licensed Psychologist**
Visiting Mental Health/Mental Health Center of Florida, Davie, FL
- Provide individual therapy to clients referred through ChildNet. Supervise doctoral psychology interns in all of their clinical work, including assessment, psychological testing, and individual, group, and family therapy. Assist internship program in writing self-study for APA accreditation.
- 07/09-01/15 **Licensed Psychologist**
South Florida State Hospital, Pembroke Pines, FL
- Coordinating supervisor of the Specialized Behavioral Plan rotation of the South Florida State Hospital doctoral psychology internship program accredited by the American Psychological Association. Provide direct supervision to doctoral psychology interns and practicum students on their clinical work consisting of but not limited to individual therapy, group therapy, personality assessment, initial and annual psychological assessment, consults, and specialized behavior plans. Provide same direct clinical services to the hospital's severely and persistently mentally ill patient population. Coordinate services and work closely with various disciplines including nursing, psychiatry, social work, and programs while adhering to the hospital's "role recovery" model of treatment.

09/08-02/12

Licensed Psychologist

Delta Psychological Group, Aventura, FL

Independent contractor in a private practice providing individual, family, and couples psychotherapy and psychological and psychoeducational testing. Client population includes children, adolescents, and adults.

09/08-02/12

Licensed Psychologist

Cadenza Center for Psychotherapy and the Arts, Hollywood, FL

Independent contractor in a private practice providing individual, family, and couples psychotherapy and psychological and psychoeducational testing. Client population includes children, adolescents, and adults.

09/08-12/09

Licensed Clinical Therapist

Memorial Regional Hospital, Hollywood, FL

Individual, group, and family therapy services provided to patients on four inpatient psychiatric units. Comprehensive biopsychosocial evaluation, crisis stabilization, suicide assessment, and brief therapy are the focus of intervention. Strong collaboration with psychiatrists, nurses, and social workers in service implementation.

Clinical Training Experience:

09/07-08/08

Post-Doctoral Psychology Resident

Nova Southeastern University-Criminal Justice Institute
Fort Lauderdale, FL, APPIC accredited

Duties included providing individual therapy and conducting psychoeducational and psychological assessments with an outpatient population comprised of children, adolescents, and adults. Collaborated with various organizations such as South Florida Survivors of Torture, Nova Southeastern University North Miami Beach Medical Center, and University of Miami/NSU Center for Autism and Related Disabilities. Partook in supervising pre-doctoral interns and practicum students, and participated in case conferences, professional development, and community outreach. Responsibilities also consisted of working with Dr. Lenore Walker on ongoing research and grants pertaining to Battered Woman's Syndrome, Broward Sheriff's Office Quality of Life Grant, and implementing a Survivor Therapy Empowerment Program (STEP) for battered women at the Broward Sheriff's Office.

Supervisors: Donna Nguyen, Psy.D. Barbara Garcia-Lavin, Ph.D.
 Timothy Scala, Psy.D. Lenore Walker, Ed.D.

09/06-08/07

Psychology Doctoral Intern

Memorial Regional Hospital - South Florida Consortium Internship Program, Hollywood, FL, APPIC accredited

Major responsibilities included conducting individual, family, and group therapy, as well as psychological assessments, with patients on the four inpatient psychiatry units. Crisis stabilization, suicide assessment, and brief therapies were a focus of treatment. Individual therapy was also provided to medical patients at bedside on a consultation basis, with a focus on pain management, adjustment disorders, mood disorders due to medical condition, and grief. Participated in treatment team meetings, discharge planning, medical rounds, Baker Act court, grand rounds, clinical dialogue in the community, and professional development. Provided care within a multi-disciplinary team of staff including psychiatrists, psychologists, social workers, clinical therapists, and nurses.
Supervisor: Marcy Girolamini-Smith, Psy.D.

08/04-08/05

Practicum Counselor

Florida Atlantic University Counseling Center, Boca Raton, FL

Provided individual psychotherapy sessions for a diverse student population. Implemented and interpreted psychological assessments, consulted with various healthcare professionals, and was involved in outreach efforts. Participated in weekly clinical meetings, individual and group supervision with on-site staff psychologists, and weekly supervision from NSU faculty member.

Supervisors: David L. Wallace, Ph.D.
Rhonda Seiman, Ph.D.
Barry A. Schneider, Ph.D.

08/03-08/04

Psychology Trainee

Adolescent Drug Abuse Prevention and Treatment Program
Nova Southeastern University Community Mental Health Center
Fort Lauderdale, FL

Provided intake evaluations and individual psychotherapy sessions to adolescents with forensic involvement, and their families. Served as liaison between arrested adolescent and the criminal justice system. Participated in a parenting educational and support group training. Implemented and interpreted psychological assessments. Participated in weekly clinical meetings and presented clinical cases.

Supervisor: Vincent B. Van Hasselt, Ph.D.

Related Work Experience:

03/06-08/06

Psychometric Assistant

Marvin Rosenblatt, Ph.D., Licensed Psychologist, Tamarac, FL

Conducted psychological assessments and wrote reports incorporating general intellectual, learning disability, and personality evaluations. Populations served ranged from older adolescents to adults who were referred through the Department of Vocational Rehabilitation.
Supervisor: Marvin S. Rosenblatt, Ph.D.

Research Experience:

June 2005

Directed Study: Research

The Influence of Parental Affective Disorder on Eating Disorders in Offspring

Chair: Barry A. Schneider, Ph.D.

Nova Southeastern University, Ft. Lauderdale, FL

The Major Paper consisted of a comprehensive literature review under the intense direction of an NSU faculty member in partial fulfillment of the requirements for the degree of Doctor of Psychology. Main focus of the critical review was investigating the relationship between affective disorders in parents and eating disorders in their children. Several factors were looked at, including the prevalence of the diagnosis of either anorexia nervosa or bulimia nervosa in children whose parents have also been diagnosed with an affective disorder, the individual family dynamics of each disorder, and the common familial factors between individuals diagnosed with affective disorders, eating disorders, or both. The implications of the study is that there seemed to emerge a subgroup of eating disordered patients for whom an affective disorder is a primary illness which gives rise to an eating disorder. This is important to recognize so that treatment can be tailored to better meet the needs of patients with such comorbidity.

07/00-05/02

Research Assistant

Department of Social Psychology
University of Florida, Gainesville, FL

Conducted several social psychology experiments. One major study of focus investigated women's self-presentational concerns when faced with the possibility of undergoing a gynecological exam. Further expanded the experiment to include gender of physician and privacy as components of embarrassment. The long-term implications of the research focused on reducing the incidents of cervical cancer. Effectively used deception in an

uncompromising manner and debriefed participants afterwards. Collected and entered data using SPSS statistical software program. Collaborated with graduate students on ideas for new research experiments.
Supervisor: James Shepperd, Ph.D.

Teaching Experience:

01/08-04/08 **Pre-Practicum I** (NSU course)
Lead Instructor for the course

Publications/Presentations:

Walker, L., Karilshadt, M., Tang, J., & Carrio, C. (2008, August). *Survivor Therapy Empowerment Program: Application in a South Florida Detention Center*. Program presented as part of a symposium at the annual meeting of the American Psychological Association, Boston, MA.

Karilshadt, M. & Scala, T. (2008, May). *Fundamentals of Crisis Intervention with Emotionally and Behaviorally Disordered (EBD) Children and Adolescents*. Paper presented at Linking Forces XV, Miami, FL.

Honors and Awards:

1999-2002	Florida Merit Scholar
1999-2002	Dean's List Certificate, University of Florida
1999-2002	President's Honor Roll, University of Florida
2000-2002	Golden Key National Honor Society
2001-2002	Golden Key International Honor Society

Professional Affiliations:

American Psychological Association-Member

Languages: Russian-Fluent